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DISABILITY BRITISH CHAMPIONSHIPS

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Thanks 27

WELCOME TO THE VETS & DISABILITY BRITISH CHAMPIONSHIPS

Welcome to the British Vets 2013.

It's going to be a great day and we hope you have a fantastic experience here in Newcastle.

We look forward to seeing you at Quilted Camel this evening to celebrate your performances.

Enjoy the competition and good luck.

Sarah Parker

Competition Organiser

Welcome gymnasts and spectators to the 2013 Disability Artistic British Championships.

Disability gymnastics continues to go from strength to strength and this event will once again showcase some spectacular routines from gymnasts across Great Britain.

The pathway toward inclusion is progressing at great speed and the top disability gymnasts from today's competition will be invited to compete in the mainstream British Championships in 2014. We are delighted to return to Benfield Sports Centre in Newcastle and look forward to a terrific competition – good luck to all those competing.

Hazel Coates

Disability Gymnastics TC Chair



Veterans competitions incorporate the usual discipline rules, but the requirements are less strict to accommodate the varying ages and noncompetitive nature (although many may argue it is in fact highly competitive, albeit with a friendly feel). It is part of the FIG approved 'Gymnastics For All' format which include, along with Veteran Competitions, Festivals, Disabilities and TeamGym.

Gymnastics For All is the historical and cultural base of all FIG activities. It is a non-competitive form of gymnastics featuring festivals and displays and culminating in a World festival of gymnastics, the World Gymnaestrada, held every four years and attracting tens of thousands of participants from many countries.

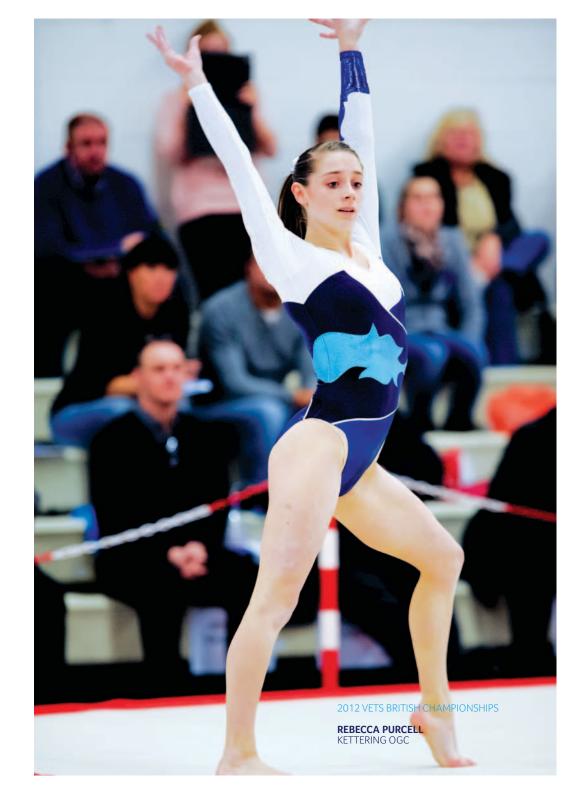
Playing a leading role within the International Olympic Committee 'Sport for All' activities,

Gymnastics For All offers a varied range of activities suitable for all age groups, comprising essential gymnastics exercises, with and without apparatus, as well as games. It focuses on items that are of particular interest in the national and cultural context.

Gymnastics For All develops health, fitness and social integration and also contributes towards physical and psychological well-being.

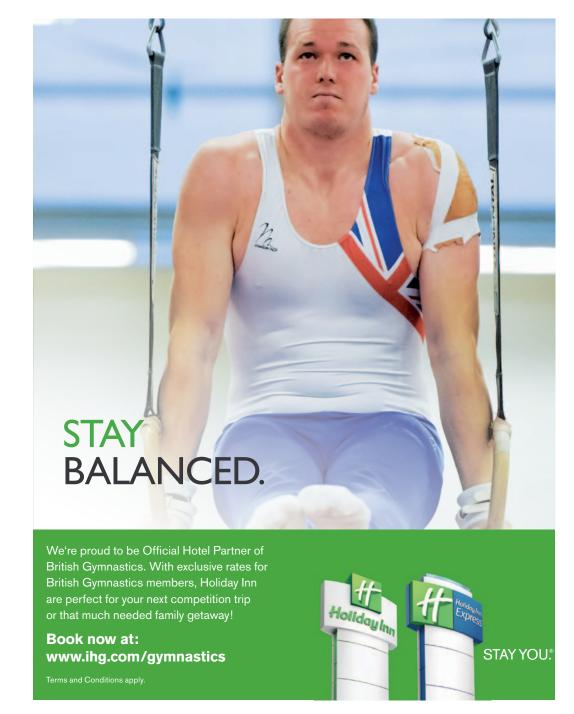
WORLD GYMNAESTRADA

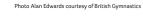
This official World event of the FIG encompasses events from the entire field of Gymnastics For All, which are carried out as displays and without competitions. The Gymnaestrada takes place every 4 years and represents a public demonstration of the Worldwide significance of Gymnastics For All.



vets timetable

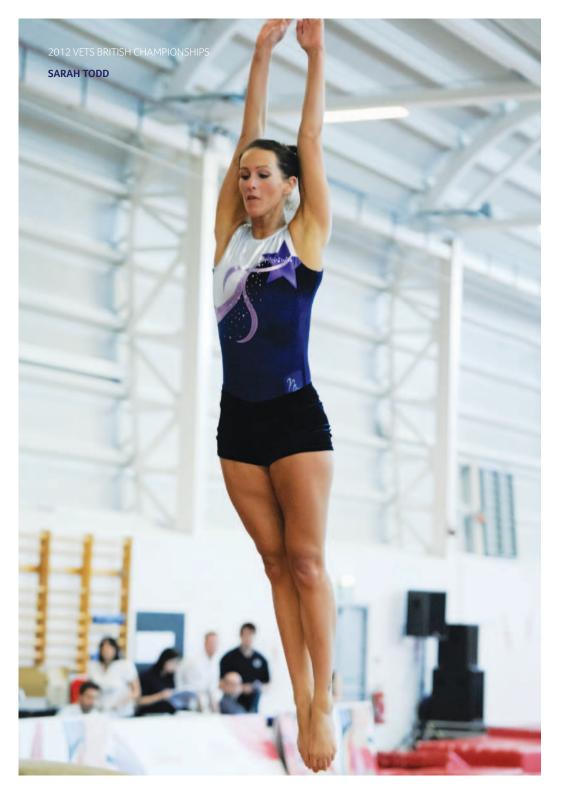
	Rotation	Vault	Bars	Beam	Rest	Floor	Tumble Track	COMPE WAG 2 WAG 3	Ĕ	ON 1 Pro Over 18 Pro Over 18/Pro Over 30	r30		
00:60	GENERALV	GENERAL WARM UP FOR COMP	R COMP I					WAG 4 WAG 5		Pro Over 30/Pro Over 40/Pro Ov Novice Over 30/Novice Over 40	Pro Over 30/Pro Over 40/Pro Over 50 Novice Over 30/Novice Over 40	20	
10:15		WAG3	WAG 4	WAG 2	WAG 5	ACRO 1	TUM Women 1	COMPE WAG 1 WAG 2	E	ON 2 Intermediate Under 40 Intermediate Under 40	ON 2 Intermediate Under 40 / Novice Over 50 Intermediate Under 40	ver 50	
10:40	7		WAG 3	WAG 4	WAG 2	WAG 5	TUM Women 2	WAG 3 WAG 4 WAG 5		Intermediate Under 40 Novice Over 18 Novice Over 18	40 fre Over 40/P	ntermediate Under 40 Novice Over 18 Novice Over 18 Novice Over 18 Abovice Over 40 Dec Over 40 Nover 20	000
11:05	m	WAG 5		WAG 3	WAG 4	WAG 2	TUM	MAG 2		Novice Over 30 /Novice Over 50	ice Over 50		
11:30	4	WAG 2	WAG 5		WAG 3	WAG 4							
11:55	2	WAG4	WAG 2	WAG 5		WAG 3							
12:30	PRESENTATIONS	SNOL											
COMPETITION 2	ION 2												
	Rotation	MAG	WAG	Pommel	Rings	MAG	WAG Vault	PBars	H Bar	U Bars	Beam	Rest	Trampo
13:00	GENERALV	GENERAL WARM UP FOR COMP II	R COMP II										
14:15	—	MAG 1	WAG 4	MAG 2			WAG1			WAG 2	WAG 3	WAG 5	TRA MI
14:40	2		WAG 3	MAG 1	MAG 2		WAG 5			WAG 1	WAG 2	WAG4	TRA W
15:05	m		WAG 2		MAG 1	MAG 2	WAG 4			WAG 5	WAG 1	WAG3	TRA W
15:30	4		WAG 1			MAG 1	WAG 3	MAG 2		WAG 4	WAG 5	WAG 2	
15:55	2		WAG 5				WAG 2	MAG 1	MAG 2	WAG 3	WAG 4	WAG 1	
16:20	9	MAG2							MAG 1				







COMPETITION





A Stage to Inspire

The UK's Gold Event Series aims to bring major international sporting events to the UK as a legacy of hosting the London 2012 Olympic and Paralympic Games and in the lead up to the hosting of the Commonwealth Games 2014 in Glasgow.

UK Sport is delighted a number of Gymnastics events will be part of the series and in partnership with British Gymnastics we hope you will be able to join us at:

FIG World Cup Gymnastics

7 December 2013 Emirates Arena, Glasgow FIG World Gymnastics Championships

23 October - 1 November 2015 Hydro Arena, Glasgow

The world's best Gymnasts will be there and we hope you will to. These events are only possible thanks to people buying National Lottery tickets. If you've bought a ticket, you're part of the team. Thank you.



vets scoresheet vets scoresheet

210 Linda Casson

ACRO1

No	Gymnasts	Category	Club	ACRO	Bonus	Total	Pos
4	David McKeating & Kate Askham	Mixed Pair	Diamonds GC		0.2		
1	Rachel Holborow & Nicholas Flynn	Mixed Pair	Pyramid Acro GC		0.3		
190	Rhona Gray & Amy Loveridge	Womens Pair	Portsmouth GC		0.1		
191	Gemma Evans & Alexa Gardner	Womens Pair	Sutton GA		0.5		
120	Michelle Diniz, Jennifer Anderson & Caitlyn McLean	Womens Group	East Kilbride GC		0.1		
124	Lauren Lamont, Megan Early & Gillian Martin	Womens Group	East Kilbride GC		0		
128	Gemma Evans, Claire Emerson & Alexa Gardner	Womens Group	Sutton GA		0.8		

WAG	SUB 1									
No	Gymnasts	Category	Club	Floor	Beam	Vault	U Bars	Bonus	Total	Pos
WAG2	2 - STARTING BEAM									
80	Heather Sharpe	Pro Over 18	Apex Gymnastics					0.4		
71	Tamsin Chadwick	Pro Over 18	City Of Leeds GC					0		
73	Jessica Hill	Pro Over 18	Colchester SoG					0.1		
74	Kimberley Honey	Pro Over 18	Europa GC					0.3		
77	Jennifer Martin	Pro Over 18	Hartford SoG					0		
79	Rebecca Purcell	Pro Over 18	Kettering OGC					0.2		
78	Camille Parton	Pro Over 18	Park Wrekin College SoG & D					0		
WAG	3 - STARTING VAULT									
76	Amy Loveridge	Pro Over 18	Portsmouth GC					0.4		
70	Carina Brown	Pro Over 18	Pegasus GC					0.3		
75	Laurissa Hyner-Anderson	Pro Over 18	Swindon SoG					0.3		
232	Kate Dela	Pro Over 30	Carterton GC					0		
231	Jennifer Christensen	Pro Over 30	Chippenham Moonraker Gymnastics					0.5		
233	Christine Hough	Pro Over 30	Colchester SoG					0.1		
235	Holly Thompson-Bardett	Pro Over 30	Mercury GC					8.0		
WAG4	4 - STARTING UNEVEN BARS									
234	Katherine Lawrence	Pro Over 30	Spiral GC					0.6		
230	Christine Bishop	Pro Over 30	Swindon SoG					0.4		
29	Caroline Watts	Pro Over 30	Europa GC					0		
270	Hazel Ardern	Pro Over 40	Inverness GC					0		
271	Janet Swain	Pro Over 40	Tessaro GC					0.6		
100	Karen Forbes	Pro Over 50	Kestrel GC					0.2		
WAG	5 - REST									
252	Claire Manderson	Novice Over 30	Huddersfield GC					0.7		
129	Alexa Gardner	Novice Over 30	Sutton GA					0.5		
170	Kerrie Evans	Novice Over 30	Sutton GA					0.1		

		·								
No	Gymnasts	Category	Club	Floor	Beam	Vault	U Bars	Bonus	Total	Pos
31	Claire Phillips	Novice Over 30	Weybourne GC					0.2		
251	Theresa Cooper	Novice Over 30	Wiltshire SoG					0.7		
250	Leighanne Carnochan	Novice Over 30	City of Glasgow GC					0.4		
220	Victoria Day	Novice Over 40	Southport YMCA CGC					0.2		
WAG	SUB 2									
WAG	1 - STARTING VAULT									
180	Aimee Dobson	Intermediate Under 40	Weybourne GC					0		
17	Sophie Goddard	Intermediate Under 40	Apex Gymnastics					0		
19	Shona Grigor	Intermediate Under 40	East Kilbride GC					0		
22	Kirsty Leggate	Intermediate Under 40	East Kilbride GC					0		
21	Charlotte Launder	Intermediate Under 40	East London GC					0		
24	Katherine Mackinnon	Intermediate Under 40	East London GC					0.1		
90	Shirley Hendry	Novice Over 50	Diamonds GC					0.5		
WAG	2 - STARTING UNEVEN BARS									
13	Natalie Dinnage	Intermediate Under 40	Europa GC					0.3		
16	Emma Frith	Intermediate Under 40	Hartford SoG					0		
27	Alanna Munro	Intermediate Under 40	Inverness GC					0		
14	Claire Emerson	Intermediate Under 40	Sutton GA					0.3		
15	Gemma Evans	Intermediate Under 40	Sutton GA					0.2		
23	Andrea Lister	Intermediate Under 40	Wigan & Ashton					0		
10	Nicola Beresford	Intermediate Under 40	Wigan & Ashton					0		
WAG	3 - STARTING BEAM									
12	Lauren Cordingley	Intermediate Under 40	Swindon SoG					0.1		
26	Kate Mitchell	Intermediate Under 40	Swindon SoG					0		
11	Beth Bermingham	Intermediate Under 40	Swindon SoG					0		
20	Amber Hillier	Intermediate Under 40	Weybourne GC					0		
28	Natalie Paver	Intermediate Under 40	York Artistic Sports Club					0		
25	Ellen Marett	Intermediate Under 40	Portsmouth GC					0		
18	Rhona Gray	Intermediate Under 40	Portsmouth GC					0.1		
WAG	4 - STARTING FLOOR									
218	Jenny Webb	Novice Over 18	1066 Gymnastics					0.3		
211	Rebecca Howard	Novice Over 18	Europa GC					0		
214	Megan Palmer	Novice Over 18	Hartford SoG					0		
213	Karen McColm	Novice Over 18	Inverness GC					0.5		
212	Heather Mayhew	Novice Over 18	Inverness GC					0.3		
215	Amy Rennie	Novice Over 18	Inverness GC					0.4		

Nuneaton OGC

Novice Over 18

vets scoresheet

No	Gymnasts	Category	Club	Floor	Beam	Vault	U Bars	Bonus	Total	Pos
WAG	5 - REST									
217	Megan Shirley	Novice Over 18	Swindon SoG					0.3		
72	Isobel Dobson	Novice Over 18	Sutton GA					0.8		
216	Katie Sainsbury	Novice Over 18	Swindon SoG					0.5		

No	Gymnasts	Category	Club	Floor	Poms	Rings	Vault	P Bars	Hi Bar	Bonus	Total	Pos
MAG	1 - STARTING FLOOR											
200	Anthony Mak	Novice Over 18	Swindon SoG							0.2		
281	Patrick O'Farrell	Novice Over 40	1066 Gymnastics							0.3		
280	Paul Gethen	Novice Over 40	Colchester SoG							0		
60	Gary Burton	Pro Over 18	Swindon SoG							0.8		
41	Jamie Weller	Pro Over 30	Istead Rise SAC							0.2		
50	Jamie Makopa	Novice Over 18	Portsmouth GC							0.3		
MAG	2 - STARTING POMMEL I	HORSE										
260	Alan Calvert-Brown	Novice Over 30	City Of Leeds GC							0.4		
262	Chris Mills	Novice Over 30	Dynamo SoG							0.7		
264	Sylvain Rubio	Novice Over 30	Swindon SoG							0		
261	Richard Lynch	Novice Over 30	Swindon SoG							0.4		
263	Alvaro Miyazawa	Novice Over 30	City Of Leeds GC							0.1		
140	John Hall	Novice Over 50	Swindon SoG							0.2		

vets scoresheet

No	Gymnasts	Category	Club	Run 1	Run 2	Bonus	Total	Pos
TUM	WOMEN 2							
30	Jayne Passey	Novice	Diamonds GC			0.8		
305	Judith Attwood	Novice	Illusions G			0.4		
306	Nichole Burton	Novice	Illusions G			0.2		
32	Joanna Rytchalov	Novice	Unattached entry			0.8		
31	Claire Phillips	Novice	Weybourne GC			0.4		
TUM	WOMEN 2							
180	Aimee Dobson	Pro	Weybourne GC			0		
171	Catherine Heugh	Pro	Weybourne GC			0		
20	Amber Hillier	Pro	Weybourne GC			0		
181	Hannah Kearns	Pro	Erewash Valley GC			0		
14	Claire Emerson	Pro	Sutton GA			0.6		
TUM	MEN 1							
42	Thomas Yates	Pro	Erewash Valley GC			0		
41	Jamie Weller	Pro	Istead Rise SAC			0.4		
40	Marcelo Josias	Pro	Weybourne GC			0		
No	Gymnasts	Category	Club	СОМР	VOL	Bonus	Total	Pos
TRA \	WOMEN 1							
160	Kathryn Sissons	Novice Under 40	Hartford SoG			0		
76	Amy Loveridge	Novice Under 40	Portsmouth GC			0		
110	Cathy Harper	Novice Over 40	Kirklees Rebound TC			0.2		
TRA \	WOMEN 2							
18	Rhona Gray	Pro Under 40	Portsmouth GC			0.1		
170	Kerrie Evans	Pro Under 40	Sutton GA			0.2		
151	Shona McDonald Neal	Pro Over 40	Saltire Team Gymnastics			0		
TRA I	MEN							
50	Jamie Makopa	Pro Under 40	Portsmouth GC			0		
132			Altair TC			0.1		
132	Chris Cuff	Novice Over 40	Altali IC					
132	Chris Cuff Graham Gibson	Novice Over 40	Coney Hall Cosmonauts			0		
						0		
133	Graham Gibson	Novice Over 40	Coney Hall Cosmonauts					











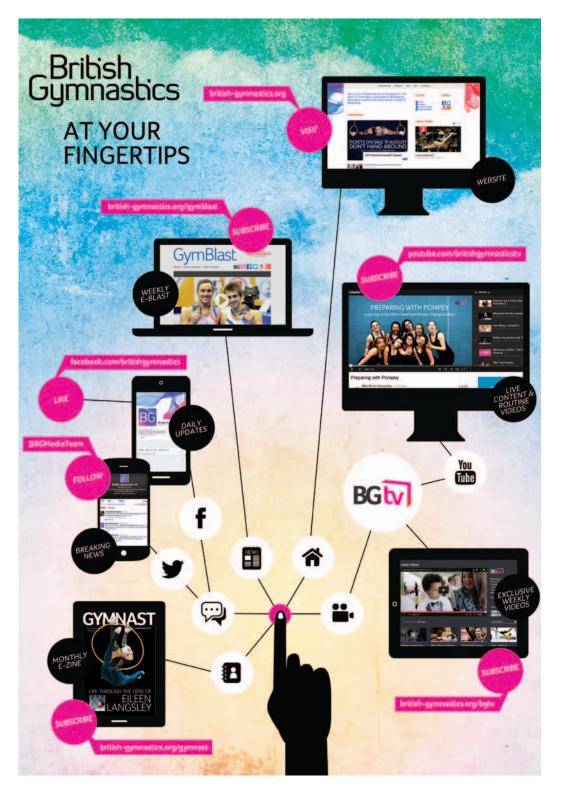
BG Score is the official scoring system of British Gymnastics, used at major gymnastics events and all British Championships.

For up to minute competition news and live scores from BG Score follow us on our Facebook page at:

www.facebook.com/BGscore

or scan the code below with your smart phone:









BGtv WILL BE MAKING AN EXTRA SPECIAL FEATURE FROM THIS WEEKEND OF COMPETITION.

We will be following two extraordinary gymnasts on their journey to their British Championships as they prepare for competition.

FOR VETS, follow current British champion in his category, Patrick O'Farrell, from 1066 Gymnastics. Will he be able to retain his title this year?

FOR DISABILITY, follow current British champion in her category, Lauren Lethbridge, from The Meapa Gymnastics Club. She stormed the competition last year, will she repeat her successes this time around? Released during the week after the competition, this is one not to miss.

BGtv is the only place to be for the very best news, features and exclusive interviews from the world of British Gymnastics www. british-gymnastics.org/bgtv

DISABILITY ARTISTIC GYMNASTICS

Disability Gymnastics involves the coach adapting gymnastics skills to ensure that disabled people can fully access gymnastics and are enabled to take part at the level of their choice.

Historically people with a learning disability had access to gymnastics through the Special Olympics Movement. However in the UK, there was no similar provision for those with physical or sensory disabilities.

As a result, British Gymnastics has established Disability Gymnastics, to develop and provide training and competitive opportunities for all disabled people. Disability Gymnastics is 'Pan-Disability', (in other words; it means that it is accessible to people with any impairment). The Disability Gymnastics competitive structure is growing fast and at the pinnacle of this structure, National Disability Gymnastics Squads are also now in place for Men's, Women's, Trampoline and Rhythmic Gymnastics.

In order to provide appropriate levels of training and competition for disabled people, a National Development Plan and Voluntary Competition structure was introduced in Men's and Women's Artistic, Acrobatics, Trampoline and Rhythmic Gymnastics. This structure follows the prescribed discipline format, albeit with appropriate modifications. Our vision is for Disability Gymnastics to be integrated in to every mainstream competition where appropriate, from grassroots club competitions right through to British Championships.

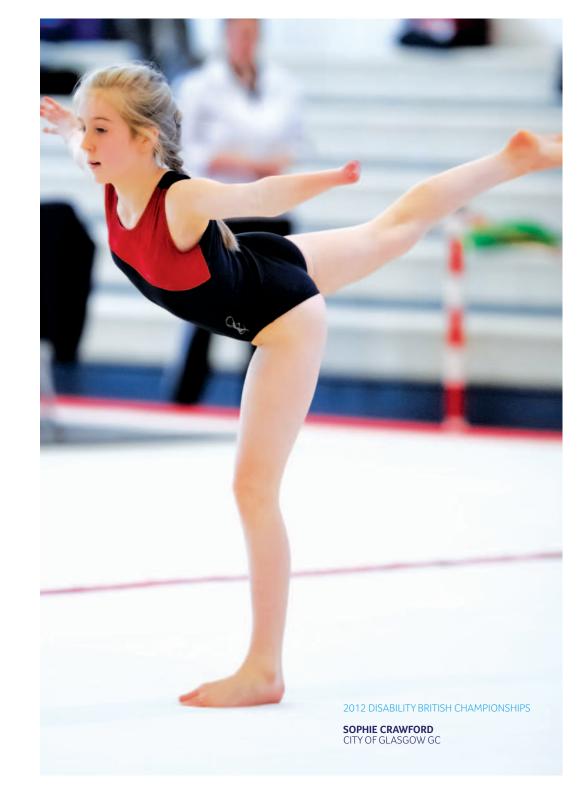
Work has also been undertaken to allow for those gymnasts who aspire to compete internationally. As British Gymnastics has been and still is leading the world in the development of Disability Gymnastics, it was decided to host the first International Disability Gymnastics Competition in Belfast in 2000. This was combined with a symposium and workshop, sharing the good practice here in the UK. A second International was held again in Belfast, in 2003.

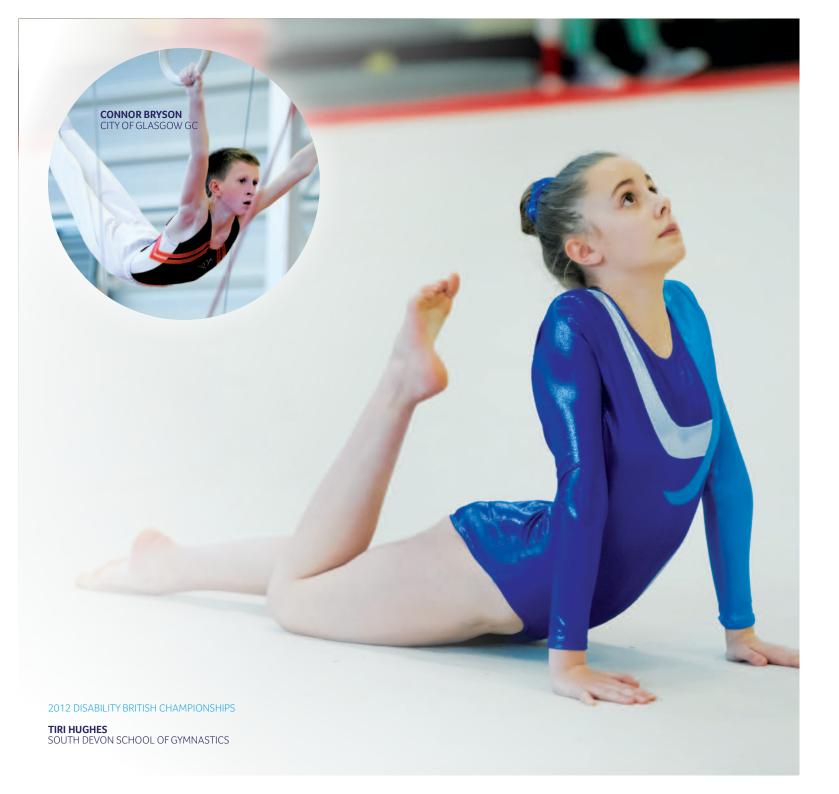
All disciplines of the sport have a role in the promotion and inclusion of disabled people. Whether accommodated within mainstream clubs or in specialised/dedicated disability centres or sessions, it is every coach's responsibility to provide appropriate training for individuals of all abilities.

To this end, British Gymnastics has developed a Disability Gymnastics Coaching Module and this is made open and available to coaches of all disciplines. With more than 1,000 British Gymnastics coaches having completed this module and numbers still rising; gymnastics is fast becoming more and more accessible to disabled people in a growing number of clubs all over the UK.

Find a Club

If you would like to find gymnastics opportunities for disabled people in a club near you, please visit british-gymnastics.org/find-a-club







PARTICIPATION PROGRAMME



I'M IN is the new disability gymnastics programme from BG, which aims to create more participation opportunities for more disabled people in gymnastics. The programme will support a network of Gymnastic Clubs and coaches to plan and deliver quality gymnastics opportunities for disabled people. The programme will also raise the profile of disability gymnastics; increasing the demand for gymnastics by disabled people and enabling them to become involved in our exciting and accessible sport.

If your club wishes to increase opportunities for disabled people in gymnastics and would like some support to help you do so, then this programme is perfect for you. 10 disability Hub Clubs will be delivering an annual I'M IN programme of disability gymnastics events designed to support clubs and engage more disabled people.

Details of how your club can sign up to and benefit from the programme will be available later in 2013.

disability scoresheet

No	Gymnasts	Category	Club	Floor	Pom	Rings	Vault	Pbars	Hbar
GROU	JP 5 - STARTING FLOOR								
80	Connor Bryson	Men's Junior Open Competition - Class I	City of Glasgow GC						
13	Ramsay Meiklem	Men's Senior Open Competition - Class I	City of Glasgow GC						
16	David rae	Men's Senior Open Competition - Class I	City of Glasgow GC						
11	Lee Davidson	Men's Senior Open Competition - Class I	City of Glasgow GC						
12	Philip Davis	Men's Senior Open Competition - Class I	Croydon School Of Gymnastics						
10	Alexander Buesnel	Men's Senior Open Competition - Class I	Jersey Special GC						
14	Martyn miles	Men's Senior Open Competition - Class I	Jersey Special GC						
15	Patrick Quinlivan	Men's Senior Open Competition - Class I	Salto						
GROU	JP 6 - STARTING POMMEL								
140	Aaron Bonnar	Men's Senior Competition A - Class I	Jersey Special GC						
142	Rui Reis	Men's Senior Competition A - Class I	Jersey Special GC						
141	James Lang	Men's Senior Competition A - Class I	Jersey Special GC						
52	Matthew Kirkland	Men's Junior Competition A - Class I	Jersey Special GC						
50	Ryan Blandin	Men's Junior Competition A - Class I	Jersey Special GC						
53	Anthony Triebel	Men's Junior Competition A - Class I	Haverfordwest GC						
GROU	JP 7 - STARTING RINGS								
51	Jaydon Elliott	Men's Junior Competition B - Class I	Haverfordwest GC						
130	David Kelly	Men's Senior Competition B - Class I	City of Glasgow GC						
132	Allan Marston	Men's Senior Competition B - Class I	Coventry Olympic GC						
131	Jordan Kerr	Men's Senior Competition B - Class I	Salto						
30	Stuart Shepherd	Men's Senior Competition B - Class II	Portsmouth Gymnastics Centre						
90	Jonathan McCartney	Men's U12 Competition B - No Classification	Salto						

disability scoresheet & timetable

No	Gymnasts	Category	Club	Vault	U-bars	Beam	Floor
GROL	JP 1 - STARTING VAULT		-				
1	Georgia Carslaw	Women's Senior Open Competition - Class I	City of Glasgow GC				
2	Cailiegh Quali	Women's Senior Open Competition - Class I	Jersey Special GC				
60	Lauren Lethbridge	Women's Senior Open Competition - Class II	The Meapa				
61	Stacie Ridley	Women's Senior Open Competition - Class II	Apex Gymnastics				
GROU	JP 2 - STARTING BEAM						
70	Lauren Douce	Women's Junior Competition A - Class I	Apex Gymnastics				
110	Jane Breaden	Women's Junior Competition A - Class II	City of Glasgow GC				
111	Sophie Carmichael	Women's Junior Competition A - Class II	City of Glasgow GC				
112	Seren James	Women's Junior Competition A - Class II	Haverfordwest GC				
121	Holly Riseborough	Women's Senior Competition A - Class I	Coventry Olympic GC				
120	Holly Banks	Women's Senior Competition A - Class I	Southampton GC				
GROU	JP 3 - STARTING UNEVEN BAI	RS					
41	Rachel McCann	Women's Senior Competition B - Class I	Salto				
40	Megan Donovan	Women's Senior Competition B - Class I	Haverfordwest GC				
100	India Atkinson	Women's Junior Competition B - Class II	Salto				
102	Chloe Russell	Women's Junior Competition B - Class II	Jersey Special GC				
101	Tiri Hughes	Women's Junior Competition B - Class II	South Devon School Of Gym				
GROU	JP 4 - STARTING FLOOR						
22	Sadie Graham-Mulvaney	Women's U12 Competition B- No Classification	The Academy				
21	Aimee Clover	Women's U12 Competition B- No Classification	Apex Gymnastics				
20	Hannah Blaxall	Women's U12 Competition B- No Classification	Idsall Gymnastics & Trampoline Club				

TIMETABLE

	_
09:00	Registration
09:30	General Warm-up
09:45	Apparatus Warm-up
10:50	Competition March or
11:00	Competition Start
14:15	Presentations

CONTINENTAL



- F.I.G. Partner
- **■** Gymnastic Equipment
- Mats
- Trampolines
- Design and installation of Gymnastic Centres Worldwide





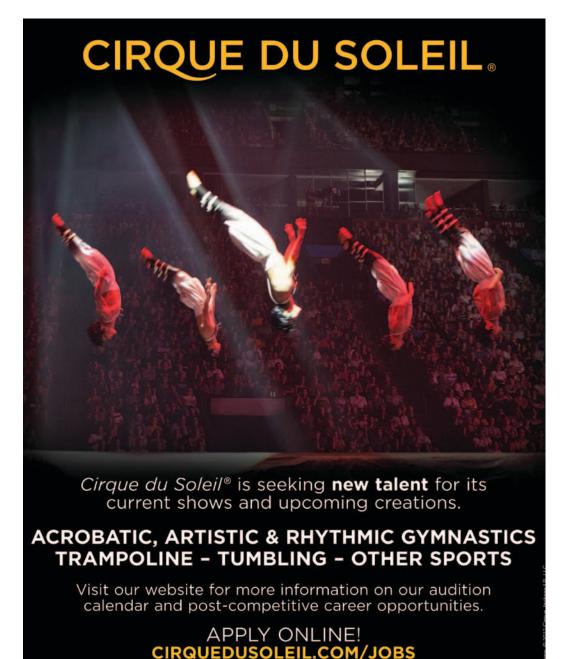






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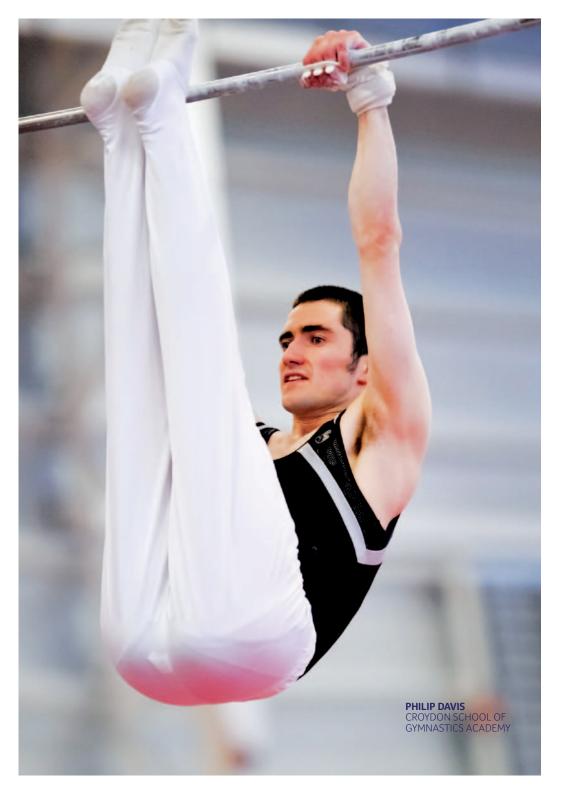
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WITH SPECIAL THANKS TO

Volunteer Recruitment, City of Newcastle Gymnastics Academy

Floor Managers, Jasmine Danby Scoring, BG Score

Announcer, Steve Walsh & Kat Driscoll

Event Presentation, Paul Crewe

Refreshments, City of Newcastle Gymnastics Academy

Paramedic, Tony Morrison

Competition Organiser, Sarah Parker (Vets) / Kay Salter (Disabilities)

The Disability Gymnastics Technical Committee and British Gymnastics Events Team

BRITISH GYMNASTICS CONDITIONS FOR AUDIENCE PHOTOGRAPHY AT GYMNASTIC EVENTS

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics.

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org. If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos.

- 'Photos' includes any form of video or still image including those taken with mobile phones
- The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
- Not to take photos either generally or in particular circumstances
- To provide their full name and address and evidence of this
- To let the Competition Organiser view any images recorded and to delete any images
- To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they can not be deleted
- Photos may only be taken and used in accordance with the British Gymnastics Safeguarding and Protecting Children Policy
- Photos may not be used, distributed or copied for commercial purposes. Flash may not be used at any time while gymnasts are warming up or competing



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